



QUICK FACTS ABOUT THE GRADE STUDY

The National Institute of Diabetes and Digestive and Kidney Diseases, part of the National Institutes of Health, in collaboration with 37 medical clinics, is conducting a study to determine the best combination drug treatment for type 2 diabetes.

People who join the study will all take metformin and be randomly (by chance) assigned to take one additional diabetes drug that will be provided by the study.

The medicines used in GRADE are FDA-approved and recommended by the American Diabetes Association.

YOU MAY QUALIFY:

- Do you have type 2 diabetes?
- Is metformin your only diabetes medication?
- Have you had diabetes for less than 10 years?

CONTACT US!

FOR MORE INFORMATION, OR TO SEE
IF YOU QUALIFY FOR THE STUDY:

<https://grade.bsc.gwu.edu>

ClinicalTrials.gov Identifier:
NCT01794143

GRADE

Glycemia Reduction Approaches in Diabetes:
A Comparative Effectiveness Study (GRADE)

*Help to find the best
long-term treatment for
people with diabetes*

Investigator(s):



Glycemia Reduction Approaches in Diabetes:
A Comparative Effectiveness Study (GRADE)

WHAT ARE WE DOING IN THE STUDY?

Most people with diabetes need drugs to help control blood sugar. Metformin is the usual first-line drug treatment for diabetes. Eventually, most people treated with metformin need a second drug. The four potential second line treatments we are using in GRADE are recommended by the American Diabetes Association and FDA-approved. It is not clear which of the four is best for controlling diabetes over the long term when combined with metformin. Each has advantages and disadvantages.

The goal of the GRADE Study is to try to answer this question.

CAN I BE INCLUDED IN THIS STUDY?

YES, IF YOU:

- Are an adult with type 2 diabetes for less than 10 years.
- Only take metformin for your diabetes or willing to start metformin.
- Are willing to take a second diabetes drug.
- Speak and read English or Spanish.
- Have an HbA1c greater than or equal to 6.8%.

NO, IF YOU:

- Have had weight loss surgery.
- Have advanced heart or kidney disease.
- Already take two medications for your diabetes.
- Are currently pregnant or breastfeeding or plan to become pregnant in the next 4-7 years.

WHAT DOES THE STUDY INVOLVE?

FOUR VISITS PER YEAR FOR UP TO SEVEN YEARS, INCLUDING:

- Diabetes care visits and lab tests provided at no cost
- Annual diabetes education
- Diabetes medications and supplies provided at no cost

WHERE CAN I LEARN MORE ABOUT THE STUDY?

Visit <https://grade.bsc.gwu.edu>

THE STUDY TAKES PLACE AT: