Are you overweight and worried about developing diabetes?
Have you ever been told you have high blood sugar?

Do you have a family history of diabetes?
RISE is a research study for people who are at high risk of developing diabetes. This brochure answers some frequently asked questions about the study. For more information, please talk with your health care provider or call your local study center found in this brochure.

Why should I participate?

Diabetes is a growing problem in adults. RISE is a chance to learn the best ways to treat prediabetes at its earliest stages and thereby prevent or delay the development of diabetes. During the study you will receive:

- A screening to determine if you have prediabetes
- Drugs approved to treat diabetes, or placebo (inactive substance)
- Drugs, lab tests, and medical visits provided at no cost
- Compensation for study participation
- The opportunity to improve your health

What will I be asked to do?

If you qualify and agree to join the study, you will be involved in the study for 21 months with 8 required study visits. During the study you will be asked to:

- Complete your study visits
- Take your study drug(s)
- Complete questionnaires regarding your health

What is RISE?

The RISE Study is looking for individuals at high risk for diabetes. The study will be investigating how to prevent or delay the development of diabetes in people who are at high risk.

How do I enroll?

Contact your local study center or visit www.RISEstudy.org.

Who can participate?

To join the study, you must:

- Be at high risk of developing diabetes
- Meet the screening requirements

The RISE Study staff can discuss the screening requirements with you.

If you are not sure if you are at risk for diabetes, please review the questions below and call the RISE team if you answer yes to any:

- Are you overweight?
- Do you have a family history of diabetes?
- Has a health care provider ever spoken to you about high blood sugar?
- Have you been told you have prediabetes or “borderline diabetes”?
- Do you have high blood pressure?